



1. Why is there a Langar Hall inside every Gurdwara? (2)

***When somebody comes to a Gurdwara, they know that it is a place where they can enjoy a meal because the concept of langar is to offer a free meal to anybody who needs food.***

2. Where does the food for langar come from? (1)

***All of the food comes from donations provided by the sangat.***

3. Is there meat allowed in langar? Why or why not? (2)

***Only vegetarian food is served in langar. This is partly because Sikhs do not eat meat, but the main reason for this is to ensure that all people can eat the food.***

4. Why is Ardas performed before the langar can be served? (1)

***By doing an Ardas, we ensure that the food for langar has God's blessings.***

5. Why are there strict rules of cleanliness involved in the serving and preparation of langar? (3)

***Langar is distributed to God's devotees, who are the most important people in the world. By observing cleanliness, we not only keep the langar hall healthy and free from bugs and bacteria, but we also show respect towards the sangat.***

6. How did Guru Nanak Dev Ji gain more than money when he fed the holy men? (3)

***By feeding the holy men, Guru Nanak Dev Ji performed a good deed and earned good karams for his actions. Karams will follow a person beyond this life, unlike money. Guru Nanak Dev Ji also had the opportunity to discuss God with other enlightened souls, so he knowledge as well.***

7. What is Mata Khivi Ji's contribution to Sikhism? (1)

***She is the person to have popularized and formalized the concept of langar, which was started by the first Guru.***

8. Why did the emperor have to eat langar before he could visit Guru Amar Das Ji? (3)

***By eating langar, the emperor had to sit on the ground with people of many different backgrounds. This taught him (and anybody else who came to see the Guru) that everybody is equal in the eyes of the Guru. He had to learn humility before seeing the Guru; langar taught it to him.***

9. What are some types of seva that are involved in giving langar to the sangat? (4)

***Answers may vary.***

- ***Prepare food before the langar service***
- ***Distribute the food to the sangat***
- ***Clean dirty dishes and utensils***

10. Is it more important to do langar seva or other types of seva? (4)

***All types of seva are important. No particular seva takes precedence over another type of seva. Any seva that is done with love will help to increase your good deeds; it does not matter what type of seva you do, the only thing that matters is that the seva is performed with love.***