



December 19th, 2025

Level 4 Friday

HOMEWORK

1. Recite All of Japji Sahib **everyday**.
2. Listen and repeat after the audio **twice** every day!
 - a. First Shabad of Rehras Sahib Audio: <https://youtu.be/ezi-DcI05Wk>
 - b. Second Shabad of Rehras Sahib Audio: <https://youtu.be/CG1-UYm85OM>
 - c. Third Shabad of Rehras Audio: <https://youtu.be/mwCze0kg9xo>
3. Practice Muharni once every day until next class.
 - a. Listen and repeat after the audio
 - b. Muharni Audio: <https://youtu.be/dhJs5Wb7IA>
4. Ardaas that we do in class: (Rasleen Kaur)



ANNOUNCEMENTS

1. Join us for the weekly Sunday Youth & Family Darbar Sunday from 5:30 PM to 7 PM in the GC basement. English Katha, Kirtan, and prizes! For all ages! Speaker: Manveer Kaur
2. Join us for Family Movie Night on Saturday, Dec 20, 2025 from 7:00 - 9:30 PM. Movie: Chaar Sahibzaade. Increase your chance to win prizes at Family Movie night by attending the Sunday Darbars leading up to movie night.
3. Gurmat Center Mothers Collective Event #2, a peer-support gathering for mothers of GC children to connect, share, and support one another in Gurmat-guided space. 2nd session Thurs, Dec 11, 7:30–8:30 PM in GC basement - free to attend, with discussions offered in both Punjabi and English. Register online (No children allowed)
4. Shaheedi Dihaday break from Monday, December 22, 2025 to Sunday, January 4, 2026
5. Sahibzaday Shaheedi Smagam on Dec 25 (11:30 - 8:30 PM) & 26 (4-9 PM) at Gurdwara Baba Banda Singh Bahadur
6. Volunteer vacancies in Dharm Parchar Store on Monday and Thursday for SINGHS. Apply online!
7. GCY happening on Dec 27 from 4:30 - 8 PM. Speaker: Bibi Sharn Kaur Sandhra. For grade 9 and higher. Rehras Sahib, discussion, games, dinner!