



January 8th, 2026

Level 4 Thursday

HOMEWORK

1. Recite All of Japji Sahib **everyday**.
2. Listen and repeat after the audio **one time** before next class!
 - a. First Shabad of Rehras Sahib Audio: <https://youtu.be/ezi-DcI05Wk>
 - b. Second Shabad of Rehras Sahib Audio: <https://youtu.be/CG1-UYm85OM>
 - c. Third Shabad of Rehras Audio: <https://youtu.be/mwCze0kg9xo>
3. Read the 4th and 5th Shabad **three times** before next class!
 - a. Fourth Shabad of Rehras Sahib Audio: <https://youtu.be/dj0qvlHH2ik>
 - b. Fifth Shabad of Rehras Sahib Audio: <https://youtu.be/MALXIIHH9avs>
4. Practice Muharni once every day until next class. Listen and repeat after the audio
5. Muharni Audio: https://youtu.be/dhJ_s5Wb7JA
6. Ardaas that we do in class: (Rasleen Kaur)



ANNOUNCEMENTS

1. Join us for the weekly **Sunday Youth & Family Darbar Sunday from 5:30 PM to 7 PM** in the **GC basement**. English Katha, Kirtan, and prizes! For all ages! Speaker: **Roopriya Kaur**
2. *Gurmat Center Mothers Collective Event #3* on Sunday, January 18 from 3-4 PM. This is a peer-support gathering for mothers of GC children to connect, share, and support one another in Gurmat-guided space. Will take place in the GC basement - free to attend, with discussions offered in both Punjabi and English. Register online (No children allowed)
3. GCY happening on January 24 from 4:30 - 8 PM. Speaker: Bhai Parmvir Singh. For grade 9 and higher. Rehras Sahib, discussion, games, dinner!
4. Join us on Sunday, January 11 to honor Canada's FIRST ever Shaheed - Bhai Mewa Singh's 111th Shaheedi Divas taking place AT the very location of their Shaheedi in New Westminster. Register online to book your seat on the bus. FREE & FIRST TIME EVER EVENT!