



## January 12<sup>th</sup>, 2026 Level 4 Monday

### HOMEWORK

1. Recite All of Japji Sahib **once before next class.**
2. Read the 6th and 7th Shabad **three times** before next class!
  - a. 6<sup>th</sup> Pauri = [https://youtu.be/fYFE\\_6XSudM](https://youtu.be/fYFE_6XSudM)
  - b. 7<sup>th</sup> Pauri = <https://youtu.be/uPZhutnzFhs>
  - c. Practice Muharni once every day until next class. Listen and repeat after the audio
3. Muharni Audio: [https://youtu.be/dhI\\_s5Wb7JA](https://youtu.be/dhI_s5Wb7JA)
4. Ardaas that we do in class: (Ishwar Singh)

### ANNOUNCEMENTS

1. Join us for the weekly **Sunday Youth & Family Darbar Sunday from 5:30 PM to 7 PM** in the **GC basement**. English Katha, Kirtan, and prizes! For all ages! Speaker: **Pavanpreet Singh**
2. *Gurmat Center Mothers Collective Event #3* on Sunday, January 18 from 3-4 PM. This is a peer-support gathering for mothers of GC children to connect, share, and support one another in Gurmat-guided space. Will take place in the GC basement - free to attend, with discussions offered in both Punjabi and English. Register online (No children allowed)
3. GCY happening on January 24 from 4:30 - 8 PM. Speaker: Bhai Parmvir Singh. For grade 9 and higher. Rehras Sahib, discussion, games, dinner!