



January 13th, 2026

Level 1 Tuesday

HOMEWORK

1. Write and memorize mixed letter once every day (12 times total)
2. Write 3 two letter mukta words everyday (36 times total)
as: ਹਰ, ਜਸ, ਭਰ
3. Write 3 three letter mukta words everyday (36 times in total)
as: ਕਮਲ, ਪਰਮ, ਚਰਨ
4. Memorize numbers up to 35
5. Revise Dharmic Sheet (front side) and memorize Dharmic sheet page 2, Nitnem (Amrit Vela)

Announcements

1. Join us for the weekly **Sunday Youth & Family Darbar Sunday** from 5:30 PM to 7 PM in the **GC basement**. English Katha, Kirtan, and prizes! For all ages! Speaker: **Pavanpreet Singh**
2. *Gurmat Center Mothers Collective Event #3* on Sunday, January 18 from 3-4 PM. This is a peer-support gathering for mothers of GC children to connect, share, and support one another in Gurmat-guided space. Will take place in the GC basement - free to attend, with discussions offered in both Punjabi and English. Register online (No children allowed)