



# January 23<sup>rd</sup>, 2026

## Level 4 Friday

### HOMEWORK

1. Recite all of Japji Sahib **once before next class**.
2. Listen and repeat after the the following **four times** before next class!
  - a. ਪੁਨਿ ਰਾਫਸ ਕਾ ਕਾਟਾ ਸੀਸਾ... Rehras Audio: <https://youtu.be/WHI-1HvQZAI>
  - b. ਹਮਰੀ ਕਰੋ ਹਾਥ ਦੈ ਰੱਛਾ... Rehras Audio: <https://youtu.be/sqqsi4gFz6k>
3. Practice Muharni once every day until next class. Listen and repeat after the audio.
4. Muharni Audio: [https://youtu.be/dhJ\\_s5Wb7JA](https://youtu.be/dhJ_s5Wb7JA)

### ANNOUNCEMENTS

1. Join us for the weekly **Sunday Youth & Family Darbar Sunday** from **5:30 PM to 7 PM** in the **GC basement**. English Katha, Kirtan, and prizes! For all ages! Speaker: **Roopriya Kaur**
2. GCY happening on January 24 from 4:30 - 8 PM. Speaker: Bhai Parmvir Singh. For grade 9 and higher. Rehras Sahib, discussion, games, dinner!