



# April 8<sup>th</sup>, 2026

## Level 6 PT.2 Monday/Wednesday

### HOMEWORK

1. Read Angs 1405-1413 once.
2. Practice Bhog de Salok 5 times before next class. Here is the link to the Sehaj Paath Bhog recording, listen to the video and practice along: <https://www.youtube.com/watch?v=4iq3ipQYC9M>

### ANNOUNCEMENTS

1. Join us for the weekly Sunday Youth & Family Darbar Sunday from 5:30 PM to 7 PM in the GC basement. English Katha, Kirtan, and prizes! For all ages! Speaker: Harveen Kaur
2. Dastar Tying classes started last week. Spots are available. Every Sunday from 4-5 PM (8 classes remain). Singhs & KaurS will have SEPERATE CLASSROOMS
3. Awards Ceremony: Sunday Youth & Family Darbar special prize category. Attend Sunday Darbar every week from 5:30 - 7:00 PM. Collect a ticket before 5:30 PM that will be entered into a special prize draw for the Awards Ceremony for Sunday Darbar participants only!



4. Gurbani Rewards Program: Memorize and recite Nitnem Bani from heart with proper pronunciation to receive a cash prize. Registration opens soon!



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