

**ARDAS QUESTIONS (SIS): ANSWER KEY****/22**

1. What does the word “Ardas” mean? (1)

The word Ardas comes from the Persian language and it means “making a request to someone of high authority” or “prayer”.

2. Why is it important to have faith when doing Ardas? (1)

If there is any doubt in what you are asking for, or any doubt in God’s powers, Ardas will not come true.

3. During Ardas, is it ok to demand things from God? Explain. (1)

Ardas is supposed to be a respectful way of asking God for something. If we demand things, we are defeating this purpose by not being respectful. Therefore, we cannot demand things from God.

4. Why did God give us Ardas? (1)

Ardas is God’s way of testing our faith in Him.

5. Who wrote the Ardas? (2)

The first section of Ardas was written by Guru Gobind Singh Ji. The second and third sections were written by the Khalsa panth and added later on.

6. Why must humility be shown during Ardas? (2)

Having humility proves to yourself that God is greater than you personally are. It decreases our ego and shows God that we truly believe in His greatness and only He can fulfill our Ardas.

7. Why do Sikhs have to take on the role of beggars when doing Ardas? (3)

God is the Giver of gifts and understanding, while those who come to him are just beggars. A beggar cannot obtain anything by making demands. A beggar must speak sweetly, and hope that their wishes are granted.

8. Why did the Ardas for rain come true? (3)

Although the people of the village didn't show faith and humility, the little boy displayed full faith in God. God blessed him for showing full faith and having humility.

9. What is the most important thing every person should do Ardas for? (4)

Answers may vary.

- ***The well-being of others***
- ***Simran***
- ***Asking for forgiveness***
- ***Thanking God for everything He has given you***

10. Think of two times (that are not stated) when it is appropriate to do Ardas. (4)

Answers may vary.

- ***Before eating a meal***
- ***Whenever you feel the need to thank God for everything He has given to you***