

Gurmat Center Ski Trip 2026



Dear Parents/Students:

This year, the Level 5 Sikh Studies are participating in the annual Ski Trip!

WHO Level 5 students, admin, and adult supervisors. Everyone will be travelling on a rented bus. Please wear very warm clothing, as it can be very cold outside.

WHAT A skiing trip that will provide a 2 hour skiing lesson, ski rentals, transportation, lunch, and an all-day ski lift pass.

WHERE Sasquatch Mountain Resort - 20955 Hemlock Valley Rd, Agassiz, BC V0M 1A1 - [\(604\) 797-4411](tel:6047974411)

WHEN **Saturday, February 28, 2026.** We will be departing Gurdwara Kalgidhar Darbar at 6:45 am and will be returning at around 7:45 pm. Please refer to the schedule on the back for further details!

WHY Lots of fun!! Exercise, a learning experience, bonding and team building.

If you are skiing for the first time, you must take lessons. Lessons will be provided by experienced GC adult supervisors.

WHAT TO BRING

- **DO NOT** bring lunch, snacks, and drinks as they will be provided for all participants.
- **Must bring extra clothing to change into.**
- **MANDATORY SKI CLOTHING:** Ski pants or any waterproof pants and a winter jacket are fine. Students should layer their clothing and wear warm clothing underneath their jackets and pants. Thermal socks and warm waterproof gloves.
- **OPTIONAL SKI CLOTHING:** Ski goggles, muffler, and headbands.

Consent form below and online payment must be submitted on or before **Friday, January 30, 2026** in the office or during class. Students will not be permitted to attend if the form is not returned by the deadline. For further information, questions, or concerns, please contact Veer Jee at **778-552-4214**.



Please complete the form below, cut on the dotted line and return to the office or Veer Jee.



I _____ as the parent, hereby give permission to my son/daughter to take part in the Ski Field Trip. I have read the information above and understand all the details of the trip. I authorize the supervisors of Gurmat Center/SBVSSS to secure medical advice and services deemed necessary for the health and safety of my child. I also understand that GURMAT CENTER SOCIETY/SANT BABA VASAKHA SINGH SIKH SOCIETY (all counselors, adult-supervisors, it's directors, officers or any of its employees) hold no liability for any injury or loss of property of participants of the Ski Field Trip. If for any reason you are unable to attend the trip after submitting payment, we are not able to give any refund, as the ski resort policy states that all tickets are final sale and non-refundable.

PARTICIPANT NAME			HEIGHT (CM)	WEIGHT (KG)	SHOE SIZE	COST (Pay online through GC website)
(first)	(middle)	(last)				\$200

BIRTHDATE (dd/mm/yyyy)	AGE	BC SERVICES CARD #

(Print Parent/Guardian Name)

(Parent/Guardian Signature)

Date

SIKH STUDIES SKI TRIP SCHEDULE OF ACTIVITIES 2026	
6:15 - 6:45 am	Gather together at Kalgidhar Darbar on park side, all ready to go
	Take attendance, handout snack bags, get group names/schedule and load bus
6:45 - 8:15 am	Travel to Sasquatch Mountain Resort
8:15 - 8:30 am	Line up at Guest services according to your groups, and stay with your group for lessons
8:30 - 9:00 am	Check in at Guest Services
9:00 - 10:00 am	Get rental equipment. Go to washroom/ add or remove layered clothing as required
10:00 – 12:00 pm	Ski lessons with your assigned group
12:00 - 12:45 pm	Lunch Time: Hand out lunch bags (Burritos, juice, pudding, water)
12:45 – 1:00	Go to washroom/ add or remove layered clothing as required
1:00 - 1:15	Group Picture
1:15 - 3:15 pm	Open skiing time
	Please remain on hills that have been approved by your group leader
3:15 – 3:45 pm	Go to washroom/ add or remove layered clothing as required
	Check in/snack time
3:45 – 5:45 pm	More skiing time
5:45-6:30 pm	Return rental equipment
	Go to washroom/ change into dry clothing if needed
6:30 - 7:45 pm	Travel back to Abbotsford
	Snack: Everybody gets chips and hot chocolate
7:45 pm	Arrive at Gurdwara Kalgidhar Darbar