

## Kirtan Level 1 Review Material

In consultation with your child's teacher, revision material has been prepared to help students keep up with their GC studies. Parents are encouraged to help their children with the review material and continue their learning while at home. We understand that this is a challenging time for families and the resources are provided as time permits in your household.

You are encouraged to practice for a total of 1 hour throughout the week. You will be practicing according to the Shabad chart below. Continue filling out your *Practice Log* and getting parent signatures.

| WEEK                     | SHABAD  |
|--------------------------|---|
| April, Week 3            | Review each of the following SARGAMS 5 times:                       |
|                          | 1. S, R, G, M, P, D, N, S.  |
|                          | 2. S., N, D, P, M, G, R, S  |
|                          | 3. SS, RR, GG, MM, PP, DD, NN, S.S.                                 |
| A                        | 4. S.S., NN, DD, PP, MM, GG, RR, SS                                 |
|                          | 5. SRG, RGM, GMP, MPD, PDN, DNS.                                    |
|                          | 6. S.ND, NDP, DPM, PMG, MGR, GRS                                    |
|                          | 7. SRGM, RGMP, GMPD, MPDN, PDNS.                                    |
|                          | 8. S.NDP, NDPM, DPMG, PMGR, MGRS                                    |
| April, Week 4            | ਸੇਵਕ ਕੀ ਅਰਦਾਸਿ ਪਿਆਰੇ ॥ Since you were still learning this Shabad in |
|                          | class, click on the link to view a video:                           |
|                          | https://www.youtube.com/watch?v=118Oc7NF-P0                         |
| April, Week 5/May Week 1 | Simran  |
| May, Week 2              | Review each of the following SARGAMS 5 times:                       |
|                          | 1. S, R, G, M, P, D, N, S.  |
|                          | 2. S., N, D, P, M, G, R, S  |
|                          | 3. SS, RR, GG, MM, PP, DD, NN, S.S.                                 |
|                          | 4. S.S., NN, DD, PP, MM, GG, RR, SS                                 |
|                          | 5. SRG, RGM, GMP, MPD, PDN, DNS.                                    |
|                          | 6. S.ND, NDP, DPM, PMG, MGR, GRS                                    |
|                          | 7. SRGM, RGMP, GMPD, MPDN, PDNS.                                    |
|                          | 8. S.NDP, NDPM, DPMG, PMGR, MGRS                                    |
| May, Week 3              | ਸੇਵਕ ਕੀ ਅਰਦਾਸਿ ਪਿਆਰੇ ∥ click on the link to view a video:           |
|                          | https://www.youtube.com/watch?v=118Oc7NF-P0                         |
| May, Week 4              | Simran  |

For any questions, please email info@gurmatcenter.com.